

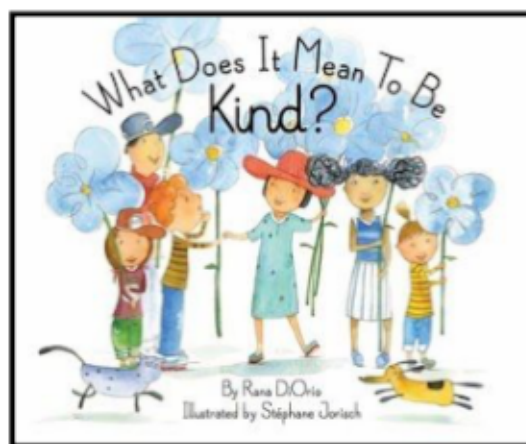
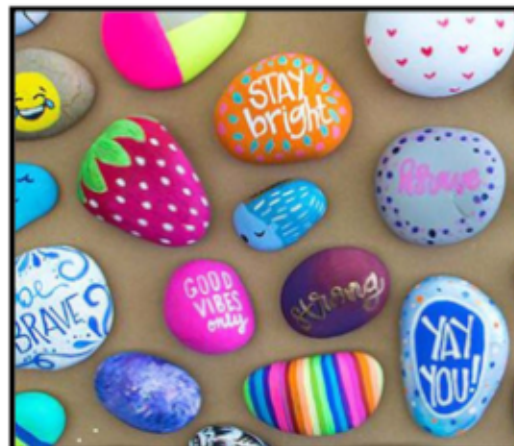
## Painted Kindness Rocks

### Materials:

Rocks (size of your palm), Acrylic Paint or Paint Markers, Brushes, Covered surface to paint on

### Instructions:

- 1) Go on a walk with the child and explain that you need to find three rocks for your art project
- 2) While on your walk, play a game of "I Spy" to call attention to the colors and objects around you.
- 3) Wash the rocks when you return home and make a list of the colors and objects you saw on your walk.
- 4) Explain to the child that they will paint the rocks with colors and images to bring joy to others. Talk about gift-giving and how art can be a gift to a community.
- 5) Help the child select the colors and pictures they want to put on each rock.
- 6) First paint the rocks a solid base color, let dry and then paint the image on top.
- 7) When finished, tell the child you will go back out on another walk to place two rocks somewhere in the neighborhood for others to enjoy and one at their house for them to enjoy.



### Lesson Variations:

- For really young children, they can simply paint the rocks just with color and it can be a color-mixing activity.
- For older children, choose kind words to write on top of the rocks with a sharpie.

**Look:** Return back to the places where you left the rocks and see if they are still there. If not, you can reassure the child that maybe someone liked them so much they decided to take them home to continue to enjoy.

**Read:** "What does it mean to be Kind?" by Rana DiOrio or listen to the YouTube Read-Aloud: <https://www.youtube.com/watch?v=o-2yX0I4Hgo>